

CBHS

Our Plan for Service Innovation

CBHS realizes the need for nimble, responsive, cost effective ways to serve people with intellectual and developmental disabilities, those with behavioral health challenges, and other populations. In order to accelerate our knowledge we dialogue with managed care companies, participate with the Regional RHIO and examine the data that is needed to lead future managed care initiatives.

CBHS is creating a deep menu of innovative services that are financially viable and responsive to people's needs.

We have been leaders in New York State's transformation to a person-centered model of care and are recognized for our recovery services that are outcome driven and that incorporate peer and natural supports. We utilize strength-based planning in our intellectual and developmental disability services, behavioral health and child welfare services that draw heavily upon natural supports to promote positive outcomes.

CBHS Objectives

- Improve access, and continuity of care, wellness, and positive life outcomes for persons in need of behavioral health and long-term care services;
- Integrate and coordinate behavioral health, medical and long-term care;

- Reduce inpatient and other institutional treatment by creating effective community-based alternatives;
- Promote evidence-based/best practice models;
- Develop capacity for the critical functions of Electronic Health Record Interoperability;
- Establish quality outcome standards and tracking systems;
- Develop tools and competency for risk management;
- Implement staff development aligned with innovation;
- Deliver high-quality/lower cost services that are sustainable;
- Operate effective managed care businesses, including the assumption of risk.

CBHS NETWORK PARTNERS

Mental Health Association of Westchester County
Occupations, Inc.
Westchester Jewish Community Services (WJCS)
Human Development Services of Westchester (HDSW)
Mental Health Association of Rockland
Crystal Run Village
New Hope Community
Abilities First

CBHS is a Non-Profit 501©3 Membership Organization



CBHS

Westchester

Putnam

Rockland

Orange

Sullivan

Dutchess

Ulster

Columbia

Greene



**COORDINATED
BEHAVIORAL
HEALTH
SERVICES**

INNOVATION FOR A MANAGED TOMMORROW
914-345-5900

CBHS

CBHS Formation and Purpose

Founded by a strong team of Rockland, Orange, and Westchester County preeminent values-based community behavioral health and disability service agencies, CBHS joined together to address the rapidly changing approach to health care in NY State and to develop the critical business relationships necessary for sustainability. The CBHS corporation is comprised of progressive, non-profit, community behavioral health and disability service providers serving the Hudson Valley Region. The purpose of the organization is to maximize the intellectual capacity and resources of its members in order to meet the challenges of a rapidly changing health care system and develop business initiatives to successfully manage care and provide the cost effective outcome-based services required in the future.



Our Commitment

Our commitment is to promote health and wellness, to facilitate the attainment of life roles in the areas of employment, housing, and social connectedness; to ensure access to whole populations, to ensure satisfaction from the people we serve and their families; and to do so at sustainable costs.



Our Mission

The mission of CBHS is to support its members' efforts to provide effective behavioral health and long-term care disability services to the Medicaid, Medicare, and uninsured population. CBHS develops the resources necessary to establish leading edge responses to the evolving health care system in New York State. CBHS promotes recovery-oriented and outcome-based services designed to ensure high quality and low costs.

Our Collective Service Array

CBHS provides a vast array of services to multiple populations that are licensed by OMH, OPWDD, OASAS, DOH, and OCFS and include:

- ◆ Care Management – at all levels
 - Hospital Diversion Services (respite, urgent care, PROS, peer specialists)
- ◆ Mental Health and Substance Abuse treatment and rehabilitation
- ◆ Residential Services, at all levels
 - including innovative person-centered models
- ◆ Peer services (peer bridging)
- ◆ Peer Run Recovery Center
- ◆ Assertive Community Treatment Teams (ACT)
- ◆ Home Based Treatment – Mobile Services
- ◆ Employment & Economic Self-sufficiency Services
- ◆ Benefit Counseling
- ◆ Habilitation and Long-Term Care Services